

<b>ALZHEIMERS / DEMENTIA SUPPORT</b>		
<b>Age UK</b>		
<b>Dementia Services - Maintenance Cognitive Stimulation Therapy (MCST)</b>	A short-term programme for people with mild to moderate dementia. It usually runs twice weekly for seven weeks following dementia diagnosis.	01823 345613 infoandadvice@ageuksomerset.org.uk www.ageuksomerset.org.uk
<b>Dementia Services - (MCST)</b>	Course to improve knowledge about Dementia and to give advice on how to handle difficult situations that can advise when caring for people with dementia. Co-created with dementia sufferers. £10 per person	01823 345613 infoandadvice@ageuksomerset.org.uk www.ageuksomerset.org.uk
<b>ALZHEIMERS</b> See also 'Dementia'		
<b>Alzheimer's Society</b>	56, Preston Road, YEOVIL BA20 2BN	Dementia Support Worker (Wincanton) Julie Woan 07720 342089  <a href="http://www.alzheimers.org.uk/support-services/Somerset%20Local%20Services/Dementia">www.alzheimers.org.uk/support-services/Somerset%20Local%20Services/Dementia</a>

		%20Support%20Somerset/regional 01458 251541
<b>Admiral Nurses (Royal British Legion)</b>	Supporting veteran forces & families affected by Dementia	Local contact: Saul Mason 07918 562510  01823 2108443 <a href="http://www.britishlegion.org.uk/get-support/care-and-independent-living/support-for-carer/admiral-nurses">www.britishlegion.org.uk/get-support/care-and-independent-living/support-for-carer/admiral-nurses</a>
<b>Age UK Somerset</b>	Wide range of groups and activities across the county to keep people active and well as they get older	01823 345610 <a href="http://www.ageuk/somerset/">www.ageuk/somerset/</a>
<b>Wincanton &amp; Bruton Carers' Support Group</b>	14.00 -15.30 2nd Tuesday of each month	Meets at the River Cale Café, The Recreation Ground, Cemetery Lane, Wincanton, United Kingdom 14.00 -15.30 2nd Tuesday of each month - just drop in and ask at the counter for 'The Carer's Support Group' Gwen Venters 07732 145684  Cath Holloway 07951 944420 <a href="mailto:cath.holloway@sparksomerset.org.uk">cath.holloway@sparksomerset.org.uk</a>
<b>Adult Social Care general enquiries/helpline</b>	For any concerns where additional support is needed	0300 123 2224  <a href="https://somersetcommunityconnect.org.uk/information-and-advice/people-who-caj-help-you-find-the-information-you-need/adult-social-care-general-enquires/">https://somersetcommunityconnect.org.uk/information-and-advice/people-who-caj-help-you-find-the-information-you-need/adult-social-care-general-enquires/</a>

<b>Filo Project</b>	Day care with a host's home with 2-3 other people with dementia. Call for cost of sessions	01392 982138 Local contact: Judy Montgomery 07706 344222 <a href="mailto:judy.montgomery@thefiloproject.co.uk">judy.montgomery@thefiloproject.co.uk</a>
<b>Rethink Reconnect</b>	Reconnect provides housing related floating support to older people with dementia or memory problems. The support is delivered within their own homes, to assist clients to develop or maintain their independence and quality of life. The nature of the support may cover housing issues, safety in the home, budgeting, benefits, life skills and improving social networks. This service is offered free of charge to eligible people living in Somerset.	01823 256832
<b>Devon and Somerset Fire &amp; Rescue Service</b>	Offer free fire safety home checks	Local Contact: Sarah House <a href="mailto:shouse@dsfire.gov.uk">shouse@dsfire.gov.uk</a> 0800 050 2999
<b>Avon &amp; Somerset Police</b>	The police run a Dementia wrist band scheme	<a href="http://www.avonandsomerset.police.uk/apply/dementia-safeguarding-scheme-herbert-protocol">www.avonandsomerset.police.uk/apply/dementia-safeguarding-scheme-herbert-protocol</a>
<b>Somerset Life Line</b>	Press the button on a pendant or wristband and the base unit immediately connects to the 24-hour response team. Other safeguarding services are also offered - e.g free demonstration, fire checks	<a href="tel:03001232224">0300 123 2224</a>  <a href="mailto:lifeline@somerset.gov.uk">lifeline@somerset.gov.uk</a>  <a href="http://www.somersetlifeline.co.uk">www.somersetlifeline.co.uk</a>
<b>Dementia Friends information session bookings</b>	Book through the website	<a href="https://www.dementiafriends.org.uk/WEBArticle?page=how-to-get-involved">https://www.dementiafriends.org.uk/WEBArticle?page=how-to-get-involved</a>
<b>Memory Lane</b>	2.00 - 4.00 Thursday	Contact Trish 01963 31842

	Balsam Centre	Judith.Charmer@mha.org.uk Tara.evans@mha.org.uk 01963 33588
<b>See also DEMENTIA</b>		
<b>DEMENTIA</b>	Dementia is a syndrome (a group of related symptoms) associated with an ongoing decline of brain functioning. There are many different causes of dementia and many different types. There is often confusion between Alzheimer's disease and dementia. Alzheimer's is the most common form of dementia.	Wincanton's Dementia Support Worker is Julie Woan 07720 342089
<b>Age UK</b>	Dementia Services - Maintenance Cognitive Stimulation Therapy (MCST) Run by Age UK: A short-term programme for people with mild to moderate dementia. It usually runs twice weekly for seven weeks following dementia diagnosis.	01823 345613 infoandadvice@ageuksomerset.org.uk
<b>Age UK</b>	Dementia Services - (MCST) Workshop to improve your knowledge and give advice on how to handle difficult situations that can arise when caring for a person living with dementia. £10 per person	01823 345613 infoandadvice@ageuksomerset.org.uk

<b>Intensive Dementia Service (IDS) - East</b>	For Clinical help and support from NHS	East Team Magnolia Ward Summerlands Hospital Site 56 Preston Road Yeovil BA20 2BN 01935 443602 IntensiveDementiaSupportEast@somersetft.nhs.uk
<b>Intensive Dementia Service (IDS) - West</b>	For Clinical help and support from NHS	West Team Wellsprings Hospital Site Pyrland House Cheddon Road Taunton TA2 7AU 01823 426240 IntensiveDementiaSupportWest@somersetft.nhs.uk

<p><b>MHA Live at Home Day Groups at Wincanton Methodist Chapel.</b>  <b>38 High Street,</b>  <b>Wincanton, BA9 9JF</b></p>	<p>Please see MHA tab on this database</p> <p><b>People with dementia to be accompanied by a carer or family member if needed</b></p>	
<p><b>Singing - Good Afternoon Choir</b></p>		<p><a href="http://www.goodafternoonchoir.org/south-somerset-gac.html">www.goodafternoonchoir.org/south-somerset-gac.html</a>  01761 472468  gac@grenvillemusic.co.uk</p>
<p><b>Castle Cary Carers Group</b></p>	<p>Contact Florence Mill 01963 359081  fliss1938@cloud.com  or  Ruth Metherell 01963 359329</p>	<p>Contact Florence Mill 01963 359081  fliss1938@cloud.com or Ruth Metherell 01963 359329</p>
<p><b>Wincanton &amp; Bruton Carers Group</b></p>	<p>Meets at the River Cale Café, The Recreation Ground, Cemetery Lane, Wincanton, United Kingdom  14.00 -15.30 2nd Monday of each month - just drop in and ask at the counter for 'The Carer's Support Group'</p>	<p>Contact Gwen Venter 07732 145684  Cath Holloway 07951 944420  cath.holloway@sparksomerset.org.uk</p>